

**Pacific County**  **Fire District 1**  
*Proudly Serving Since 1940*

This form must be signed before you will be permitted to participate in the physical ability test.

You will be asked to perform eight (8) physical tasks and will be given specific instructions by proctors in the manner in which these physical tasks are to be performed.

The eight (8) physical tasks are:

- 1. STAIR CLIMB
- 2. HOSE DRAG
- 3. EQUIPMENT CARRY
- 4. LADDER RAISE AND EXTENSION
- 5. FORCIBLE ENTRY
- 6. SEARCH
- 7. RESCUE
- 8. CEILING BREACH AND PULL

I have read and understand the physical effort which this physical ability test involves.

I am physically capable of participating in this test and understand that the proctor of the physical ability test has the right to stop the test if I show signs that I cannot safely proceed.

I hereby waive any and all claims for or arising out of any injury I might sustain or incur as a result of participating in the physical ability test.

I voluntarily participate as part of my application for employment.

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_ (please print)

APPLICANT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_